

JANUARY KIDDIE CASTLE MENU/K345

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/05/15	Pancakes/w syrup Mixed fruit 1 % milk	Toast w/jelly Peaches 1% milk	French toast Bananas 1% milk	Honey nut Cheerios Hot cinnamon Apples 1% milk	Muffin Strawberries & Yogurt 1% milk
01/12/15	Cheese Toast Mixed Fruit 1% Milk	Biscuit Turkey Sausage Pears 1% Milk	Waffles w/Syrup Apple Slices 1% Milk	Oatmeal w/Cinnamon & Apples 1% Milk	Cheerios w/Bananas 1% Milk
01/19/15	Pancakes w/Syrup Mandarin Oranges 1% Milk	Jelly Biscuits Mixed Fruit 1% Milk	Cereal Bar Apple Slices 1% Milk	French toast Bananas 1% milk	Pop Tart Peaches w/Yogurt 1% Milk
01/26/15	Waffles w/Syrup Apple Slices 1% Milk	Cheese Toast Mixed Fruit 1% Milk	Muffin Strawberries & Yogurt 1% milk	Honey nut Cheerios Hot cinnamon Apples 1% milk	Jelly Biscuits Mixed Fruit 1% Milk
LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/05/15	Grilled Cheese Sandwich Green Beans Peaches 1% Milk	Beanie Weanies Garlic Bread Small Salad Pears 1% Milk	Hamburgers French Fries Pickles Orange Slices 1% Milk	Meatloaf Mashed Potatoes Glazed Cooked Carrots Pineapple	Soft Taco Refried Beans Mixed Veggies Applesauce 1% Milk
01/12/15	BBQ Beef Sandwich Tator Tots Carrots & Dip Mandarin Oranges 1% Milk	Shells & Meat Sauce Peas Buttered Bread Peaches 1% Milk	Bologna & Cheese Sandwich Small Salad Yogurt & Apple Slices 1% Milk	Baked Chicken Leg Mashed Potatoes Green Beans Pears 1% Milk	Frito Pie Ranch Style Beans Corn Bread Mixed Fruit 1% Milk
01/19/15	Mac & Cheese Peas Butter Bread Pineapple 1% Milk	Pigs in the Blanket Baked Beans Celery & Dip Peaches 1% Milk	Meatballs & Noodles Green Beans Bread Sticks Pears 1% Milk	Chicken Nuggets Scalloped Potatoes Garlic Bread Applesauce 1% Milk	PBJ Sandwich Cheese Stick Baked Chips ½ Gogurt Grapes 1% Milk
01/26/15	Sloppy Joes French Fries Green Beans Mixed Fruit 1% Milk	Chicken Alfredo Broccoli Garlic Bread Peaches 1% Milk	Fish & Fries Small Salad Fresh Fruit Salad 1% Milk	Chili w/Beans Corn Bread Carrots & Dip Pears 1% Milk	Turkey & Cheese Melt Corn Bananas 1% Milk
PM SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/05/15	100% Apple Juice Cheese Its	1% Milk Graham Crackers	100% Grape Juice Pretzels & Apples	100% Berry Juice Goldfish Crackers	1% Milk Vanilla Wafers
01/12/15	100% Apple Juice Ritz Crackers/Cheese	100% Berry Juice Oatmeal Cookies	1% Milk Nutrigrain Bar	100% Cranberry Juice Cheese Stick & Crackers	1% Milk Pop Tart/Oranges
01/19/15	100% Apple Juice Goldfish	1% Milk Vanilla Wafers	100% Grape Juice Pretzels & Apples	1% Milk Rice Cakes & P-nut Butter	100% Berry Juice Muffin & Banana
01/26/15	1% Milk Graham Crackers	100% Apple Juice Ritz Crackers/Cheese	1% Milk Nutrigrain Bar	100% Berry Juice Carrots & Dip	100% Grape Juice Peanut Butter Crackers